

Milers

August 25
(Tentatively)

Monday – Friday
8:30-9:00

*Drawings once a month

*Dog Tags for every 10 Miles

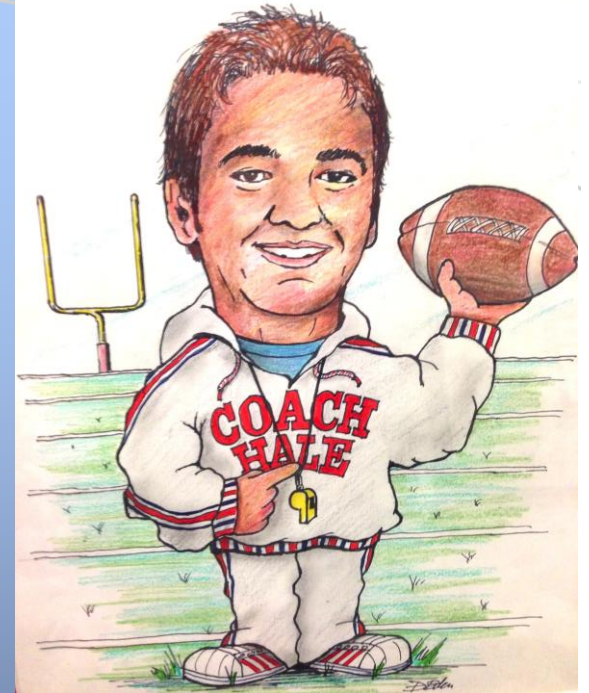
*T-shirt and Trophy at 100 Miles

*End of year popsicle party

Cox Cubs Communications

**5th grade Leadership
School News team.**

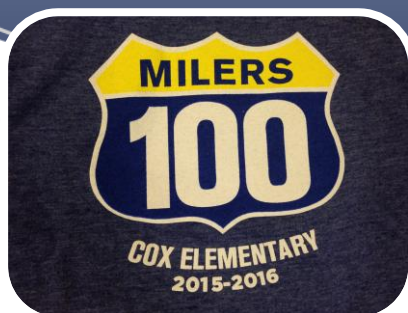
**Students will create and
deliver weekly school
news as well as learn to
write and create short
films.**



DAVID M. COX

PHYSICAL

EDUCATION



Mr. Hale
Physical Education Instructor
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Mr. Hale

We have been teaching P.E. at David M. Cox for more than a decade together. We both believe in a good work ethic and trying hard to get better everyday!

7 days without exercise will make one WEAK!!!

Hello and welcome to David M. Cox Elementary School. For the first timers here, welcome, my name is Mr. Hale I am your child's Physical Education instructor. I am extremely excited to begin, as we have some wonderful activities, both indoors and outdoors, planned for this year.

For the safety and maximum benefit of participants, it is **expected** that all students wear tennis shoes on P.E. days. It is also suggested that skirts and dresses be avoided on these days. If this cannot be avoided, please have your child wear shorts under their skirts or dresses. Students are welcome to bring water to P.E. Other beverages are **not** to be brought to school per school rules.

If there is any reason your child cannot participate in P.E., please send a note stating the days that are to be excused. If it is an extended illness or injury, a doctor's release is required and should be turned into the nurse's office. In the event that your child does not bring a note and does not participate, he/she would be unable to earn their participation points for that day.

Your child will participate in our Physical Education program two times a week. They will also be participating in the Fitnessgram testing two times this year. If you have any questions at any time, please do not hesitate to contact me at school. I look forward to meeting each of you and getting to know your child. Thank you for your cooperation and understanding.

“Begin each day as if it were on purpose!”